



# MENU



We use local sourced natural ingredients, because little bodies are better without artificial flavourants and preservatives.  
We care about offering balanced portion sizes to give kids the nutrients they need to grow and develop.

Meal Times: Breakfast 07:30 | Snack 10:00 | Lunch 12:00 | Snack 15:00

**Breakfast:** Coco Pops  
Oats & Honey  
Fruity Loops  
Milo Cereal  
Maize Meal  
Cornflakes  
Eggs & Toast

**Snacks:** Fruits & Yoghurt  
Popcorn  
Cookies  
Slab Cake  
Bran Muffins  
Crumpets  
Honey & Oats Bar  
Cupcakes  
Marshmallow Smores  
Candy Floss  
Jelly & Custard

**Drinks:** Milk  
Fresh Juice  
Water  
Milo  
Hot Chocolate  
Oros



22 – 26 November 2021

**Lunch:**

**Monday: Squirmy Worms**  
Spaghetti Bolognaise

**Tuesday: Full Plate**  
Braised Beef, Mash, Veg

**Wednesday: Malay Way**  
Butter Chicken, Rice

**Thursday: American Favorite**  
Corn Dog, Wedges

**Friday: Sailors meal**  
Fish Fingers, Fries

**Babies:**

**Home-made Puree Foods:**  
Butternut and Potato  
Sweet Potato and Carrot  
Carrot and Broccoli

Variety of Purity available

