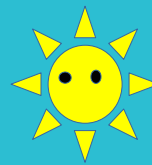


**BUNDLES OF JOY**  
CHILDCARE CENTRE



Where children GROW,  
DEVELOP and are LOVED



# Menu

We use responsibly sourced, natural ingredients, because little bodies are better without artificial flavourants, colourants and preservatives. We care about offering balanced portion sizes to give kids the nutrients they need to grow and develop.

**Meal Times: Breakfast 07:30 | Snack 10:00 | Lunch 12:00 | Snack 15:00**

## Week 17

**Age Group: 2 - 6-year-old**

### MONDAY

**Breakfast** - Cornflakes

**Snack** - Fruit & Yoghurt

**Lunch** - Fish Cake, Jacket Potato, Glazed Carrots

**Snack** - Chocolate Slices

### TUESDAY

**Breakfast** - Otees

**Snack** - Fruit & Yoghurt

**Lunch** - Huko Beef Stir-Fry

**Snack** - Fruit Bites

### WEDNESDAY

**Breakfast** - Oats, Honey, Cinnamon

**Snack** - Fruit & Yoghurt

**Lunch** - Chicken Madras Curry, Lebanese Flatbread

**Snack** - Cookies

### THURSDAY

**Breakfast** - Coco Pops

**Snack** - Fruit & Yoghurt

**Lunch** - Swedish Meatballs, Herb Mash, Butternut

**Snack** - Cheddar Biscuits

### FRIDAY (CHEAT DAY)

**Breakfast** - Rice Crispies

**Snack** - Chocolate Pudding

**Lunch** - Chicken Fingers, Fries, Side Sald

### DRINKS

**Water** – This is our staple!

**Fresh Juices**

**Oros**

**Milk**

**Milo (Winter)**

**Hot Chocolate (Winter)**

**Variety of puréed foods available for Babies – Age 1**



BY EXECUTIVE CHEF EAGAN