



2024



# MENU

We use local sourced natural ingredients because little bodies are better without artificial flavourings and preservatives.  
We care about offering balanced portion sizes to give kids the nutrients they need to grow and develop.

Meal Times: Breakfast 07:30 | Snack 10:00 | Lunch 12:00 | Snack 15:00

## Breakfast:

Oats & Honey  
Milo Cereal  
Maize Meal  
Cornflakes  
Eggs & Toast

## Snacks: Fruits & Yoghurt

Popcorn  
Cookies  
Slab Cake  
Carrot Muffins/Cake  
Crumpets  
Cupcakes/Pancakes  
Marshmallow Smoires  
Donuts  
Jelly & Custard

## Drinks: Milk

Fresh Juice  
Water  
Milo  
Hot Chocolate  
Oros

13 May 2024 – 17 May 2024

MONDAY: Beef Stew

TUESDAY: Frikkadel Roll

WEDNESDAY: Pizza & Salad

THURSDAY: Frikkadel & Mash

FRIDAY: Freaky Friday

