

MENU

We use local sourced natural ingredients because little bodies are better without artificial flavourings and preservatives.
We care about offering balanced portion sizes to give kids the nutrients they need to grow and develop.

Meal Times: Breakfast 07:30 | Snack 10:00 | Lunch 12:00 | Snack 15:00

Breakfast:

Oats & Honey
Milo Cereal
Maize Meal
Cornflakes
Eggs & Toast

Snacks: Fruits & Yoghurt

Popcorn
Cookies
Slab Cake
Carrot Muffins/Cake
Crumpets
Cupcakes/Pancakes
Marshmallow Smores
Donuts
Jelly & Custard

Drinks: Milk

Fresh Juice
Water
Milo
Hot Chocolate
Oros

29 April 2024 – 3 May 2024

MONDAY: Mince Bobotie

TUESDAY: Cottage Pie

WEDNESDAY: Fish Cakes & Mash

THURSDAY: Boere Wors

FRIDAY: Freaky Friday

