



Menu

We use local sources natural ingredients, because little bodies are better without artificial flavourants and preservatives. We care about offering balanced portion sizes to give kids the nutrients they need to grow and develop.

BREAKFAST

Coco Pops
Oats & Honey
Fruity Loops
Milo Cereal
Maize Meal
Cornflakes
Eggs & Toast

SNACK

Fruits & Yoghurt
Popcorn
Cookies
Slab Cake
Bran Muffins
Crumpets
Honey & Oats Bar
Cupcakes
Marshmallow S'mores
Candy Floss
Jelly & Custard

Drinks

Milk
Fresh Juice
Water
Milo
Hot Chocolate
Oros

17-21 November

MONDAY

Beef Stew, Rice & Veggies

TUESDAY

Pasta Bake & Salad

WEDNESDAY

Chicken Stirfry & Rice

THURSDAY

Meatballs & Mashed Potato

FRIDAY

Freaky Friday

FOOD

BABIES

Home made Puree Foods:
Butternut & Potato
Sweet Potato / Carrot
Carrot / Broccoli
Variety of Purity available

